

SIGNS is for anyone caring for babies, infants, children or adolescents.

If you notice any of the SIGNS seek medical attention immediately.



Behaviour Change

Not reacting, not moving, not responding







no eye contact not watching moving objects staring looking blank

unable to stay awake

Unusual movements, clumsy, slurred speech



slurrea

umble



seizure: repeated jerky movements of arms, legs, lips, or eyes

floppy: limp body, arms or legs

spasm: stiff body, arms or legs

speech: jumbled or unclear

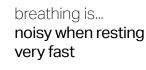
Breathing Change

Difficult breathing



with each breath ribcage sucks in neck or belly pulls in





it is difficult to speak child says it's hard to breathe is out of breath cannot drink

Long pauses between breaths

~20 seconds between breaths

rubbing or shouting needed so they take a breath

gasping breath after a pause

If you notice *any of these* SIGNS act <u>IMMEDIATELY</u>. Call 911. If in hospital, get help.

Fluid Loss

8 hours or more

not peeing no wet diapers not nursing or drinking

Vomit / throwing up



throwing up **every hour** for more than 4 hours



red or very dark/ black vomit



green or brown vomit and belly that is bigger than normal

Poop / poo



red blood

medium amount (streaks) that keeps happening or large amount (blobs or more)

Skin Change

New skin tone or colour



blue lips / tongue with crying, feeding or at rest

purple blotches or many small purple dots

gray / very pale / cold / blotchy



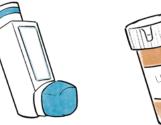
cold / clammy hands or feet

Infant less than one month old



yellow skin and eyes *and* **sleepy** not feeding

Not getting better with treatment





If a known long-term health issue is not getting better with things that usually help

& any SIGNS are present: Act immediately. Get help.



These conditions include asthma, seizure disorders, diabetes and many others.

For more information



If you notice any of these SIGNS act IMMEDIATELY. Call 911. If in hospital, get help.

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